

Cottingley Neighbourhood Improvement Plan

October 2012 Update

Issue	Action	Who Involved	Summary of work	Current Actions
Children and Young People				
To give young people in Cottingley a voice and encourage interaction between young and old	To develop a Youth Forum whereby young people can meet to discuss and raise issues	Jude Smith Ali Gilfillan TRAC	Area Committee, allocated via the Health and Wellbeing Group funded £900. Young People engaged in planning and participating in trips over the summer.	<p>The young people are meeting on Monday (15th October) to plan an event for during the half term break, which will be open to other young people on the estate. They will also be participating in the Winter Wellbeing event on the 31st October. This is an exciting time for the forum, as it is encouraging them to think of what they can do to benefit others.</p> <p>Ali Gilfillan has submitted an application to Cash 4 Kids for the Youth Forum, this is supported by the Health & Well Being group.</p>
	To link young people to TRAC and other community meetings & activities	Cottingley Youth Project Youth Service TRAC Health & Wellbeing Group PNW	TRAC and the police helped to facilitate boxing classes over the summer holidays.	<p>Ensure links are made between the youth service and other youth provision in the area.</p> <p>Young People will be serving soup at the Winter Wellbeing Event.</p>
	To provide activities and learning opportunities for young people and to build their confidence.	Cottingley Youth Project Youth Service	CYP run Homework Clubs on Tue, Wed, Thur. YS run Youth Club Wed 7-9 YS Mobile Provision 7-9 Tue, 12-2 Sat.	<p>We have a strong established group of year 8s and 9s who are using our provision well. We are developing their independent learning and confidence as part of a peer mentoring project, so that they can help those in younger year groups with their work</p> <p>It is proving more difficult to engage with the current Year 7 students, with only one regular attendee. We are running an event to follow up on the transition</p>

				work done in the primary school to engage with the year group, and see if a homework club is appropriate for the group, and discuss alternative provision with them if not.
				Extended Services are providing a half term holiday club from 10-2pm, Tue, Wed, Thur at the Primary School. They will look at extending this to Christmas Provision.
	To link to citywide young people's alcohol and substance misuse insight and campaign co-creation.			Alcohol awareness week campaign – free resource pick up (South Leeds – 16 November) and optional training available – around referral pathways into service and awareness of service availability. Contact RB for further details – promo material to be sent to NIB group.
Older People				
Social activities for older people	To set up a luncheon club and cafe	Jayne Holland (SLLAH)		Research in to the development of a weekly luncheon club in Cottingley Community Centre. Jayne has applied for ASC luncheon club funding for a new luncheon club for over 55s in Cottingley to start in the New Year. We are hoping to start it whether we get the funding or not.
				Could be scope to link into activities at Dulverton Court.
		Jayne Holland (SLLAH)	A chair based exercise class takes place on a Tuesday morning 11:30-12:30.	
		Jayne Holland (SLLAH)	A door to door shopping service to Morrisons runs on a Thursday.	
		Jayne Holland (SLLAH)	A monthly newsletter is distributed to elderly residents.	
		Jayne Holland (SLLAH)		Increase befriending scheme in the area

		Jayne Holland (SLLAH)		Re-launch the walking group
		Jayne Holland (SLLAH)		Look into possibility of having a worker just for Cottingley.
Community Engagement				
Identify priorities and issues for the area	Residents Consultation In Bloom Consultation	H & WB Group	Taken Place. Results of consultations put into Action Plan .	
Improve Community Engagement	Cottingley Community Centre	Ellie Jude TRAC Cllr Ogilvie	Information for accessing Community First grant and Aire Valley Homes money sent to TRAC (Robyn Holland). Problems with room hire costs at the centre. Centre seen as inaccessible to the community. Discussion around a user group for the centre.	Meeting being held regarding the community centre on 8 th November 2012. Ellie researching original lease agreements for the building. Jude has established a "Jubilee Fund" – groups and individuals are entitled to 4 hours plus for free, providing their activity has a community focus. Users will be asked to attend a User Group meeting to discuss the running of the centre. In total 500hrs are available.10 hrs have been used.
	Cottingley In Bloom Group			Next Meeting Monday 5 th November, 2pm. Plans are to put in low planters near the shops and involve the school in maintaining these. A funding bid has gone in.
Community Safety				
Anti social behaviour	Inform residents of phone numbers.	Police	Action was taken during crime action day to talk to alleged perpetrators of racist graffiti in the tower blocks.	Police are considering re-introducing the direct telephone number for racist graffiti removal.
	Action to tackle ASB	Jamie Martin/Steve		

		Stewart (LASBT) TRAC	TRAC have regular contact with residents both in person and on facebook, through this they are able to spread community safety messages and report back incidents to the police through TRAC & NIP Meetings.	
Domestic Violence & Abuse	Inner South Alcohol Project	Community Safety NHS		<i>Project planned to reduce users of hospital services? Alcohol Awareness Training 16th November – contact Rachel Brighton for more information.</i>
Employment & Skills				
?	Primary School? Welfare Reform? Connexions?		?	Job/Work club to be explored. A range of agencies can be invited to provide information advice & guidance on a regular basis to encourage people into employment. Leeds City College are employing a development worker for South Leeds. A jobs and skills centre focusing on retail has been opened at the White Rose Centre, help with IT, CV's and a range of courses available.
	Illegal Money Lending	NHS	Illegal money lending TV clip played at Cottingley surgery?	
	Debt Advice	NHS	A CAB session is provided at Cottingley Surgery. Providing 4 appointments a month, you have to be registered at the GP to attend.	As this service is limited by the number of appointments and by the conditions to attend (being registered at the surgery) Rachel Brighton is looking into funding to have more sessions at various accessible venues on the estate. Health & Wellbeing Group will support this.
Health				
Support residents of Cottingley to eat a healthy and well balanced diet	Free School Meals During Holidays	NHS Cottingley Primary Cottingley CC		Rachel Brighton has put in a bid for free school meals during holidays and subsidised breakfast and after school clubs.
	Provide residents with	Healthy	Dave Walker at Get Fresh,	

	opportunities to purchase healthy and affordable food.	Communities Team (H4A)	HLN will deliver vegetables for free should a group or agency wish to sell them.	
	Promote healthy start vitamin and voucher scheme	All partners		
	Provide healthy cooking courses to residents	Healthy Communities Team (H4A)	H4A have provided a Men's Cooking Group -two bbq's and healthy pizza nights, curry nights and Men's Family Fun event. Sessions have been well attended.	Change 4 Life worker working on Cottingley – Amie Clelland. Cooking Group established at school, active games library being developed. 1 day a week funding has been given for Andy Picken (H4A) to develop a Health Champions volunteering scheme for peer to peer delivery of health messages within communities.
Health Awareness	Health Awareness	Healthy Communities Team (H4A)	23 May: Sun awareness 27 June: Men's health 18 July: Tobacco 19 Sept: Weight management	Health table held at Cottingley Towers 17 October: Mental Health
	Winter Wellbeing Event	H4A NHS CYP SLLAH PNW		31 st October 11:30am – 2pm Winter Wellbeing event being held at Cottingley Community Centre. Slipper Exchange, free hot water bottles (provided by local pharmacy), AVH & Morrison (home security), free soup, children's activities, Zumba.
Develop opportunities for residents to develop ideas and set up activities	Support to run events and groups	NHS AVH Dan Cullum PNW Ellie Rogers	Summer Trip Mini Olympics and summer fun day	Trip to Blackpool Christmas Fair Saturday 24 th November 11-3 Christmas Carol Singing
Ensure Local Campaigns are embedded in practice and promoted locally through outreach and at local events.	Time to Change Get a cough, get a check Change 4 Life	All Partners		Get a cough, get a check and Change 4 Life will be promoted at the Winter Wellbeing Event.
Develop and deliver			Workforce development	Smoke free homes work delivered at Cottingley

Appendix 11

<p>work to support NHS priorities around smoking Unhealthy lifestyles</p>			<p>training happened September.</p>	<p>primary by Space 2 via creative artwork sessions Children at Cottingley primary school (yr 5/6) have had an afternoon session learning about second hand smoke – they are encouraged to share messages about the benefits of having a smoke free home with their families. – resources distributed Space 2 some working with both parents and children in Cottingley to look at second hand smoke around the perimeter of the school and childrens centre and also look into the social norms of the area in relation to smoking.</p>